

Revised: March 2015 (5th version)

Standard Commodity Classification No. of Japan
875200

-Kampo-preparation-

Powerful drug **SANWA Maobushisaishinto Extract Fine Granules**

<maobushisaishinto>  
S-08

This product is easy to take, fine granules made from the extract of "maobushisaishinto" listed in "SHOKANRON".

**Storage. Precautions for handling**

Since this product is hygroscopic property, keep a container tightly closed in a cool place away from direct rays after use.

**Expiration date**

Use before the expiration date indicated on the label or the package.

Approval No.	(61AM)3615
Date of listing in the NHI reimbursement price	October 1986
Date of initial marketing in Japan	November 1986

**DESCRIPTION****Composition**

4.5g/day of this product contains 1.5g of a dried Maobushisaishinto extract of the following mixed crude drugs.

JP Ephedra Herb.....	4.0g
JP Asiasarum Root.....	3.0g
JP Processed Aconite Root.....	1.0g

(JP: The Japanese Pharmacopoeia)

It also contains Lactose Hydrate, Corn Starch, Microcrystalline Cellulose, Partly Pregelatinized Starch, Light Anhydrous Silicic Acid as inactive ingredients.

**Product Description**

This product is fine granules, brown color, it has characteristic smell, and it tastes bitter and a little pungent.

ID code: S-08

**INDICATIONS**

The following symptoms of those patients with rigors, slight fever, general malaise, headache and dizziness with hypotension, and painfully cold limbs:

Common cold, bronchitis, and coughing

**DOSAGE AND ADMINISTRATION**

The usual adult dose is 4.5g/day orally in 3 divided doses before or between meals. The dosage may be adjusted according to the patient's age and symptoms.

**PRECAUTIONS****1. Careful Administration (Maobushisaishinto should be administered with care in the following patients.)**

- (1) Patients with strong constitution [Adverse reactions are likely to occur, and the symptoms may be aggravated.]

- (2) Patients with sensitivity to heat, a tendency towards hot flush and red face. [Palpitation, hot flush, numbness of the tongue, nausea, etc. may occur.]
- (3) Patients with an extremely weak gastrointestinal tract [Dry mouth, anorexia, epigastric distress, nausea, vomiting, etc. may occur.]
- (4) Patients with anorexia, nausea or vomiting [These symptoms may be aggravated.]
- (5) Patients showing a remarkable tendency of sweating [Excess sweating and/or generalized weakness may occur.]
- (6) Patients with cardiovascular disorders including angina pectoris and myocardial infarction, etc. or those with a history of such disorders.
- (7) Patients with severe hypertension
- (8) Patients with severe renal dysfunction
- (9) Patients with dysuria
- (10) Patients with hyperthyroidism
- [(6)-(10): These disease and symptoms may be aggravated.]

**2. Important Precautions**

- (1) When this product is used, the patient's "SHO" (constitution /symptoms) should be taken into account. The patient's progress should be carefully monitored, and if no improvement in symptoms/findings is observed, continuous treatment should be avoided.
- (2) When this product is coadministered with other Kampo-preparations (Japanese traditional herbal medicines), etc., attention should be paid to the duplication of the contained crude drugs. Special caution should be exercised when this product is coadministered with preparations containing Aconite Root.
- SHO: The term "SHO" refers to a particular pathological status of a patient evaluated by the Kampo diagnosis, and is patterned according to the patient's constitution, symptoms, etc. Kampo-preparations (Japanese traditional herbal medicines) should be used after confirmation that it is suitable for the identified "SHO" of the patient.

### 3. Drug Interactions

Precautions for coadministration (Maobushisaishinto should be administered with care when coadministered with the following drugs.)

Drugs	Signs, Symptoms, and Treatment	Mechanism and Risk Factors
(1) Preparations containing Ephedra Herb	Insomnia, excessive sweating, tachycardia, palpitation, general weakness, mental excitation, etc. are likely to occur. In such cases, this product should be administered with care by measures such as reducing the dosage.	An enhancement of the sympathetic nerve-stimulating action has been suggested.
(2) Preparations containing ephedrine-related compounds		
(3) Monoamine oxidase(MAO) inhibitors		
(4) Thyroid preparations Thyroxine Liothyronine		
(5) Catecholamine preparations Adrenaline Isoprenaline		
(6) Xanthine preparations Theophylline Diprophylline		

### PACKAGING

Bottles of 500g  
1.5g x 300 packets

### Manufactured and Distributed by:

Sanwa Shoyaku Co., Ltd.  
6-1, Hiraide-Kogyo-Danchi, Utsunomiya-city, Tochigi, 321-0905, Japan

### 4. Adverse Reactions

This product has not been investigated (drug use investigations, etc.) to determine the incidence of adverse reactions.

Therefore, the incidence of adverse reactions is not known.

#### (1) Clinically significant adverse reactions

**Hepatic dysfunction and jaundice** : Hepatic dysfunction and/or jaundice with elevation of AST(GOT), ALT(GPT), Al-P and  $\gamma$ -GTP or other symptoms may occur. The patient should be carefully monitored for abnormal findings.

Administration should be discontinued and appropriate therapeutic measures should be taken, if abnormalities are observed.

#### (2) Other adverse reactions

	Incidence unknown
<b>Hypersensitivity</b> <sup>Note1)</sup>	Rash, Redness, etc.
<b>Autonomic</b>	Insomnia, Excess sweating, Tachycardia, Palpitation, Generalized weakness, Mental excitation, etc.
<b>Gastrointestinal</b>	Dry mouth, Anorexia, Epigastric distress, Nausea, Vomiting, etc.
<b>Urinary</b>	Urination disorder, etc.
<b>Others</b>	Hot flush, Numbness of the tongue, etc.

Note1) If such symptoms are observed, administration should be discontinued.

### 5. Use in the Elderly

Because elderly patients often have reduced physiological function, careful supervision and measures such as reducing the dose are recommended.

### 6. Use during Pregnancy, Delivery or Lactation

Use of this product in pregnant women, women who may possibly be pregnant is not recommended. [Adverse reactions due to Processed Aconite Root contained in this product are likely to occur.]

### 7. Pediatric Use

This product should be administered with care in children.  
[This product contains Processed Aconite Root.]