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Standard Commodity Classification No. of Japan 875200

-Kampo-preparation-

# SANWA Kakkonto Extract Fine Granules

<kakkonto> S-17

This product is easy to take, fine granules made from the extract of "kakkonto" listed in "SHOKANRON" "KINKIYORYAKU".

#### Storage. Precautions for handling

Since this product is hygroscopic property, keep a container tightly closed in a cool place away from direct rays after use.

#### **Expiration date**

Use before the expiration date indicated on the label or the package.

# DESCRIPTION

#### Composition

7.5g/day of this product contains 4.1g of a dried JP kakkonto extract of the following mixed crude drugs.

| JP Pueraria Root | 4.0g |
|------------------|------|
| JP Ephedra Herb  | 3.0g |
| JP Cinnamon Bark | 2.0g |
| JP Glycyrrhiza   | 2.0g |
| JP Peony Root    | 2.0g |
| JP Jujube        | 3.0g |
| JP Ginger        |      |
|                  |      |

(JP: The Japanese Pharmacopoeia)

It also contains Lactose Hydrate, Corn Starch, Microcrystalline Cellulose, Partly Pregelatinized Starch, Light Anhydrous Silicic Acid as inactive ingredients.

#### **Product Description**

This product is fine granules, brown color, it has characteristic smell, and it tastes bitter and sweet. ID code: S-17

#### **INDICATIONS**

The following symptoms of those patients with comparatively strong constitution who have headache, fever, rigor and shoulder or back stiffness without spontaneous sweating:

Common cold, coryza, tonsillitis, otitis media, empyema, conjunctivitis, mastitis, shoulder stiffness, and brachial neuralgia

## **DOSAGE AND ADMINISTRATION**

The usual adult dose is 7.5g/day orally in 3 divided doses before or between meals. The dosage may be adjusted according to the patient's age, body weight, and symptoms.

## PRECAUTIONS

- **1.** Careful Administration (Kakkonto should be administered with care in the following patients.)
- (1) Patient in a period of weakness after disease or with greatly declined constitution [Adverse reactions are likely to occur, and the symptoms may be aggravated.]

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|--|---------------|
| Date of listing in the NHI reimbursement price | October 1986  |
| Date of initial marketing in Japan             | November 1986 |

- (2) Patients with an extremely weak gastrointestinal tract [Anorexia, epigastric distress, nausea, vomiting, etc. may occur.]
- (3) Patients with anorexia, nausea or vomiting [These symptoms may be aggravated.]
- (4) Patients showing a remarkable tendency of sweating [Excess sweating and/or generalized weakness may occur.]
- (5) Patients with cardiovascular disorders including angina pectoris and myocardial infarction, etc. or those with a history of such disorders.
- (6) Patients with severe hypertension
- (7) Patients with severe renal dysfunction
- (8) Patients with dysuria
- (9) Patients with hyperthyroidism
- [(5)-(9): These disease and symptoms may be aggravated.]

#### 2. Important Precautions

- (1) When this product is used, the patient's "SHO" (constitution /symptoms) should be taken into account. The patient's progress should be carefully monitored, and if no improvement in symptoms/findings is observed, continuous treatment should be avoided.
- (2) Since this product contains Glycyrrhiza, careful attention should be paid to the serum potassium level, blood pressure, etc., and if any abnormality is observed, administration should be discontinued.
- (3) When this product is coadministered with other Kampo-preparations (Japanese traditional herbal medicines),etc., attention should be paid to the duplication of the contained crude drugs.

SHO: The term "SHO" refers to a particular pathological status of a patient evaluated by the Kampo diagnosis, and is patterned according to the patient's constitution, symptoms, etc. Kampopreparations (Japanese traditional herbal medicines) should be used after confirmation that it is suitable for the identified "SHO" of the patient.

#### **3. Drug Interactions**

Precautions for coadministration (Kakkonto should be administered with care when coadministered with the following drugs.)

| Signs, Symptoms, Mechanism and |                        |                     |
|--------------------------------|------------------------|---------------------|
| Drugs                          | and Treatment          | Risk Factors        |
| (1)Preparations containing     | Insomnia, excessive    | An enhancement      |
| Ephedra Herb                   | sweating, tachycar-    | of the sympathe-    |
| (2)Preparations containing     | dia, palpitation, ge-  | tic nerve-stimula-  |
| ephedrine-related compounds    | neral weakness, me-    | ting action has     |
| (3)Monoamine oxidase(MAO)      | ntal excitation, etc.  | been suggested.     |
| inhibitors                     | are likely to occur.   |                     |
| (4)Thyroid preparations        | In such cases, this    |                     |
| Thyroxine                      | product should be      |                     |
| Liothyronine                   | administered with      |                     |
| (5)Catecholamine preparations  | care by measures       |                     |
| Adrenaline                     | such as reducing       |                     |
| Isoprenaline                   | the dosage.            |                     |
| (6)Xanthine preparations       |                        |                     |
| Theophylline                   |                        |                     |
| Diprophylline                  |                        |                     |
| (1)Preparations containing     | Pseudoaldosteroni-     | Since glycyrrhizi-  |
| Glycyrrhiza                    | sm is likely to occur. | nic acid has an ac- |
| (2)Preparations containing     | Besides, myopathy      | celerating action   |
| glycyrrhizinic acid or         | is likely to occur     | on the potassium    |
| glycyrrhizinates               | as a result of hypo-   | excretion at the    |
|                                | kalemia.               | renal tubules, an   |
|                                | (Refer to the section  | acceleration of de- |
|                                | "Clinically signific-  | crease in the serum |
|                                | ant adverse reacti-    | potassium level has |
|                                | ons".)                 | been suggested.     |

### 4. Adverse Reactions

This product has not been investigated (drug use investigations, etc.) to determine the incidence of adverse reactions. Therefore, the incidence of adverse reactions is not known.

(1) Clinically significant adverse reactions

- Pseudoaldosteronism: Pseudoaldosteronism such as hypokalemia, increased blood pressure, retention of sodium/ body fluid, edema, increased body weight, etc. may occur. The patient should be carefully monitored (measurement of serum potassium level, etc.), and if any abnormality is observed, administration should be discontinued and appropriate measures such as administration of potassium preparations should be taken.
- **2) Myopathy:** Myopathy may occur as a result of hypokalemia. The patient should be carefully monitored, and if any abnormality such as weakness, convulsion/paralysis of limbs, etc. are observed, administration should be discontinued and appropriate measures such as administration of potassium preparations should be taken.
- 3) Hepatic dysfunction and jaundice: Hepatic dysfunction and /or jaundice with elevation of AST (GOT), ALT (GPT), Al-P and γ-GTP or other symptoms may occur. The patient should be carefully monitored for abnormal findings. Administration should be discontinued and appropriate therapeutic measures should be taken, if abnormalities are observed.

(2) Other adverse reactions

|                                    | Incidence unknown   |  |
|------------------------------------|---|--|
| Hypersensitivity <sup>Note1)</sup> | Rash, Redness, Pruritus, etc.   |  |
| Autonomic                          | Insomnia, Excess sweating, Tachycardia, Palpita-<br>tion, Generalized weakness, Mental excitation, etc. |  |
| Gastrointestinal                   | Anorexia, Epigastric distress, Nausea,<br>Vomiting, etc.  |  |
| Urinary                            | Urination disorder, etc.  |  |

Note1) If such symptoms are observed, administration should be discontinued.

#### 5. Use in the Elderly

Because elderly patients often have reduced physiological function, careful supervision and measures such as reducing the dose are recommended.

#### 6. Use during Pregnancy, Delivery or Lactation

The safety of this product in pregnant women has not been established. Therefore, the product should be used in pregnant women, women who may possibly be pregnant only if the expected therapeutic benefits outweigh the possible risks associated with treatment.

#### 7. Pediatric Use

The safety of this product in children has not been established. [Insufficient clinical data.]

## 8. Other Precautions

Eczema, dermatitis, etc. may be aggravated.

## PACKAGING

Bottles of 500g 2.5g x 300 packets

# Manufactured and Distributed by:

Sanwa Shoyaku Co., Ltd.

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